## Who are we?

The Circle Foundation is a not-for-profit healthcare cooperative founded in 2021 by a group of concerned local citizens and healthcare professionals who wanted to:

- improve the health and wellbeing of the local Eurobodalla community.
- improve access and affordability to allied health, and
- develop more consumer focused and preventive health and community-based services.

## Why do we exist?

The Eurobodalla region faces many health challenges including:

- An aging population
- Higher burden of chronic disease and mental health conditions
- High levels of socioeconomic disadvantage
- Geographic isolation and poor public transportation to help people access health and community services

Despite these factors, (which suggest a need for better health services) the challenges of providing better health services for our community are:

- significant shortages of GPs and many allied health services
- few low-cost preventive health services and other initiatives
- long-waiting lists to access public health services or low-cost health services
- fragmented care in part because many current health services and community programs are under resourced and overstretched and may not communicate effectively with one another or work in a co-ordinated and collaborative manner.

For further information, contact:

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## Our goals

Collaboration and data analysis

• To work with the community – residents, health consumers, service providers, and community and business organisations – to identify the key issues, priorities, service gaps, and the health and wellbeing aspirations of the Eurobodalla region.

Codesign and service delivery

 Based on what our codesign process, consultation and through data analysis, we will develop a cohesive, coordinated, community owned and controlled response to enhancing community health and wellbeing which is designed by the local community for the local community.

## Our focus

Facilitating collaboration between community, heath services and non-clinical prevention and early intervention community organisations, and programs that promote health and wellbeing.

Increasing the affordability and access to allied health, non-clinical supports that promote health and wellbeing and preventive health services.

Building social connection and community resilience through social connection and community health programs (aka social prescribing).

